

Montessori Floor Bed Permission Form 2018-2019

(to be signed by parents of children under 18 months, who are enrolled in the YCC School Day program)

Restful Sleep in the Young Child Community

In an A.M.I. accredited environment for 1 to 3 year olds, floor beds are recommended for rest, and have been in standard use since 1947 around the world. At Hershey Montessori School, each YCC classroom is outfitted with a firm, crib-sized, waterproof mattress and organic cotton fitted sheet for each child. Bedding is washed weekly or more frequently, if needed. Hershey Montessori School uses Naturepedic mattresses that are certified organic and non-toxic by the Global Organic Textile Standard and are made with ingredients not known or suspected to cause human health harm.

Following the body's natural rhythms, children will be offered an opportunity to nap following their lunch. The Montessori guide is present to aid the children as s/he gets settled to rest and peacefully drifts off to sleep each afternoon. Trained caregivers are available to children throughout the nap period and children are visible at all times. Some children sleep for thirty minutes while others may take a full three hours to rejuvenate. The sleep of each child is protected. Following their own sleep cycle, when children awake, they are invited to leave the bedroom and return to classroom activity.

It is the practice at Hershey Montessori School for children to rest in clean, peaceful spaces that minimize distractions or disturbances.



Keep this information for your records.
Complete and return next page.



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Student Information:

Name: _____

Teacher: _____

My child, _____, has my permission to take naps on an AMI approved floor bed while in the Young Child Community at Hershey Montessori School.

Parent/Guardian Information:

Parent/Guardian Signature: _____

Parent/Guardian Name: _____

Date: _____